



**A Z U R**  
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# **São Miguel - 5 Days**

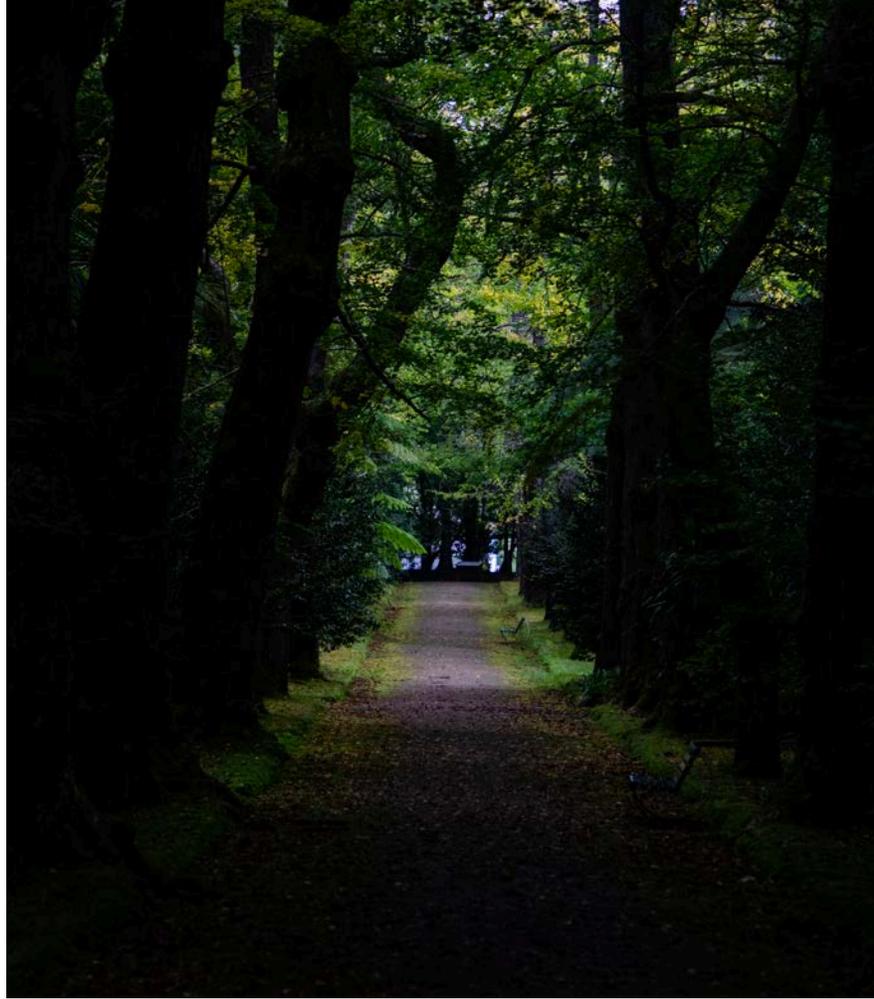
## **Romantic Escapades Itinerary**

## DAY 1: Arrival in São Miguel, Terra Nostra Garden Hotel & Spa Experience

Upon arrival in São Miguel, enjoy a scenic transfer to the iconic Terra Nostra Garden Hotel, a historic retreat nestled in the heart of Furnas and surrounded by one of the most celebrated botanical gardens in the world. As you travel through the island, admire São Miguel's dramatic volcanic landscapes, rolling green pastures, and sweeping Atlantic views.

After check-in, take time to unwind and immerse yourself in the hotel's serene atmosphere. In the afternoon, indulge in a relaxing spa treatment, drawing on the region's natural thermal resources—an ideal way to recover from your journey and ease into the Azorean rhythm.

As evening falls, enjoy a delightful dinner at the hotel, where local ingredients and traditional flavors are presented with a refined touch, offering a warm and memorable introduction to São Miguel's rich gastronomy.





## DAY 2: Furnas & Tea Experience

Set out on a full-day journey into the lush interior of São Miguel, where volcanic landscapes, rich traditions, and unspoiled nature come together.

Begin the morning at the Gorreana Tea Plantation, the oldest tea factory in Europe still in operation. Walk through the rolling green tea fields overlooking the Atlantic and enjoy a hands-on experience as you pick fresh tea leaves and prepare your own tea bag. Learn about the island's tea-growing heritage and the traditional production methods that give Azorean tea its unique character.

Continue to Furnas, one of the island's most emblematic volcanic areas. Here, witness the fascinating process behind Cozido das Furnas, a traditional dish slow-cooked underground using the natural heat of the volcanic soil. Enjoy this authentic meal at a local restaurant, where the flavors reflect the land's geothermal energy and culinary traditions.

In the afternoon, travel toward the island's greener northeast to explore Ribeira dos Caldeirões Natural Park, a beautiful area of waterfalls, lush vegetation, and walking paths set within a former watermill estate. The journey continues to Salto do Cavalo, one of São Miguel's most impressive viewpoints, offering sweeping panoramas over the island's interior, volcanic ridges, and coastline.



## DAY 3: Private Morning Sailing Experience

Begin your day with an exclusive private sailing experience aboard the Sun Odyssey 379, departing from Ponta Delgada. Cruise along São Miguel's breathtaking coastline, where dramatic cliffs, volcanic formations, and the vast Atlantic horizon create a striking natural backdrop.

Enjoy time to swim in crystal-clear waters, relax on deck with the ocean breeze, or take in the thrill of sailing under the guidance of an experienced skipper. This intimate experience offers the perfect balance between relaxation and adventure.

Upon returning to shore, enjoy lunch at one of Ponta Delgada's most iconic restaurants, where local flavors and fresh ingredients provide a delightful taste of Azorean gastronomy.





## DAY 4: Lagoa do Fogo & Azorean Cooking Class

Discover the dramatic volcanic landscapes of São Miguel paired with an immersive culinary experience.

Begin the day with a journey into the island's interior to visit Lagoa do Fogo, one of São Miguel's most iconic natural landmarks. Set within a protected nature reserve, this pristine crater lake is renowned for its crystal-clear waters and striking contrasts of blue and green, framed by rugged volcanic slopes. Weather permitting, enjoy time to take in the panoramic views and the serene atmosphere of this unspoiled setting.

In the afternoon, take part in an authentic Azorean cooking class, guided by a local chef. Learn traditional techniques and prepare a selection of regional recipes using fresh, local ingredients, gaining insight into the island's culinary heritage. The experience concludes with the enjoyment of the dishes you have prepared, offering a warm and flavorful end to the day.

A harmonious blend of nature, tradition, and gastronomy.



## DAY 5: Farewell to São Miguel & Vista do Rei

Bid farewell to São Miguel with a final, memorable moment immersed in the island's natural beauty. Before your transfer to the airport, stop at Vista do Rei, one of the most iconic viewpoints in the Azores. From this elevated vantage point, admire the breathtaking panorama over the twin lakes of Sete Cidades, a poetic landscape of blue and green cradled within a volcanic crater—an unforgettable last glimpse of the island's magic.

After this serene and romantic farewell, continue with a comfortable transfer to the airport, taking in São Miguel's lush scenery and the vast Atlantic horizon one last time. Depart with lasting memories of a truly enchanting escape.

Até breve!

