



# White Ocean - 7 Days Itinerary

## DAY 1: Island of S.Miguel

Welcome to the Island of São Miguel, the largest and most populous island in the Portuguese archipelago of the Azores.

Soothing natural thermal pools, scenic hikes, dramatic coastlines and volcanic landscapes await for you in this secret nature lovers dream.









### DAY 2: Ponta Delgada Food Tour: A Culinary Journey Through the Azores

Embark on an unforgettable culinary exploration through the vibrant streets of Ponta Delgada, where the flavors of the Azores come to life. This tour will guide you through the city's local eateries and markets, where you'll enjoy a variety of Azorean delicacies.

From fresh seafood to local cheeses and traditional sweet treats, each stop on this tour offers an authentic taste of São Miguel Island's rich food culture. You'll not only savor the island's culinary heritage but also discover stories behind each dish and the people who make them.

Perfect to start your stay, this tour introduces you to hidden culinary gems and gives you a deep understanding of the island's history and food traditions. Prepare for an adventure that blends culture, history, and unforgettable flavors!



#### DAY 3: Half Day Jeep Adventure in Sete Cidades & White Festival

Leave the ordinary behind and dive straight into the wild heart of São Miguel on a thrilling Jeep tour through Sete Cidades. Buckle up in a rugged 4x4 and take on remote off-road trails that wind along the dramatic rim of a colossal volcanic caldera. At every turn, you'll be rewarded with jaw-dropping vistas of emerald lakes, rolling green valleys, and endless ocean horizons.

This isn't your average sightseeing tour—it's an adrenaline-charged journey that pushes beyond the beaten path, giving you access to secret viewpoints and hidden corners that few visitors ever see. Along the way, your expert local guide will ignite the landscape with tales of fiery eruptions, ancient legends, and the unique ecosystems that thrive in this volcanic paradise.

Expect a day of adventure, awe, and unbeatable photo opportunities—a raw, untamed experience that reveals São Miguel's wilder side in all its glory.

In the evening, join the lively White Festival (Noite Branca) celebrations, when the streets of Ponta Delgada come alive with music, performances, and an all-white dress code creating a magical summer atmosphere.











#### DAY 4: Free Day

Today, enjoy a full day at leisure to relax or explore São Miguel at your own pace. You may wish to add an optional activity such as a whale watching excursion, a hiking experience, or a visit to one of the island's hot springs.





#### DAY 5: Full Day Furnas Volcanos & Traditions – Group Journey

Today's journey begins with the beautiful seaside town of Vila Franca do Campo, the island's governmental town in the XV century. While in Vila Franca do Campo, you may wish to try the famous Queijadas da Vila, a traditional pastry developed by nuns during the XVI century, before making your way to Furnas.

Upon arrival at Furnas, you will be astonished by the contrast of the peacefulness scenario with the hectic pulsing of the volcanic fumaroles.

You will then head to a local restaurant where you will enjoy a traditional Cozido das Furnas (a meal cooked in sealed pots using the island's hot springs known as fumarolas) and have the chance to indulge in the famous cozido.

The day will end with a visit to the Gorreana Tea Factory, where you will learn about the island's tea industry and the tea production, still operated by 19th century machinery. Enjoy a tasting of the famous green and black tea while admiring the lush plantations and dramatic coastlines.











#### DAY 6: Half Day Lagoa do Fogo Wonders – Group Journey

Start your day with an unforgettable half-day tour to Lagoa do Fogo, one of São Miguel's most awe-inspiring natural wonders. Your journey begins in the picturesque town of Ribeira Grande, where you'll stroll through charming streets adorned with traditional Azorean architecture. A visit to a local liquor factory offers a delicious introduction to the island's unique flavors, with the opportunity to sample aromatic fruit liqueurs crafted from São Miguel's fertile lands.

From Ribeira Grande, the road winds upwards into the heart of São Miguel's volcanic landscape. As you ascend toward Lagoa do Fogo, the island's rugged beauty begins to unfold. Nestled within the extinct caldera of an ancient volcano, the lake's crystal-clear waters shimmer in shades of emerald and turquoise, framed by lush greenery and jagged volcanic cliffs.

Standing at the summit, you'll be struck by the raw, untamed beauty of Lagoa do Fogo, which feels like a world untouched by time. The panoramic views from the top offer a breathtaking spectacle—on a clear day, you can gaze upon both the North and South coasts of the island, with the shimmering Atlantic stretching out on either side and the city of Ponta Delgada visible in the distance.

# DAY 7: Departure

Today you will be transferred to the Airport for your flight back home.



